

BSRA Saturday Junior Squash Program 2011

The Saturday Squash Program is for children aged 7-14 yrs. It is divided into four skills graded sessions.

- 2-3pm Beginners
- 3-4pm Intermediate
- 4-5pm Advanced

Sessions will include individual & team matches, group training, rules, BIAS Skills awards, competitions and of course, lots of fun.

Application Form

Child's Name _____

Date of Birth _____

Emergency Contact:

Name _____

Telephone

H) _____ W) _____

C) _____

E-mail address:

Declaration Waiver

I hereby waive and release any and all rights and claims for damages, howsoever caused, which I or the applicant may have against the BSRA, The Camp Director and the staff. I confirm the applicant to be of sound mental and physical health, capable of participating in the Camp. In the event of injury or sickness, the Director and his staff have permission to arrange for medical care.

Signed _____

Parent or Guardian



BSRA Youth Club Program 2011

The Youth Club Program is open to girls and boys and aims to provide them with more court time to practice the skills and techniques learned in the Saturday sessions. The program offers 4 different sessions. Tuesdays:

- 4 - 5pm Boys aged 7-11 yrs
- 5 - 6 pm Girls aged 7-11 yrs

Thursdays:

- 4 - 5pm Boys & Girls 11-16 yrs

The BSRA is pleased to announce the **BERMUDA JUNIOR SQUASH TOUR**

A 6 event squash tour with all BSRA Juniors invited to take part. The tournament dates are as follows:

- Tour 1 - Saturday Oct 8th, 2011
- Tour 2 - Saturday Dec 17th, 2011
- Tour 3 - Saturday Feb 11, 2012
- Tour 4 - Saturday Mar 31, 2012
- Tour 5 - Saturday May 12, 2012
- Tour 6 - Saturday June 23, 2012

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New
BERMUDA JUNIOR SQUASH TOUR
Info Inside

Junior Squash Program
Jan—Mar
2012

BSRA Squash Club
Middle Road
Devonshire

Supported by:



DEPARTMENT OF YOUTH, SPORT & RECREATION

www.bermudasquash.com

Tel: (441) 292 - 6881
Fax: (441) 295 - 8718
E-mail: patrickf@bermudasquash.com

Aims of the program

The aims of the BSRA Junior Program are as follows:

- Introduce young people to the sport of squash;
- Create a fun atmosphere in which young people will develop their skills, technique, tactical abilities and healthy sporting attitudes;
- Provide opportunities for them to compete as individuals and team members in junior leagues and tournaments;
- Encourage them to play in senior leagues and tournaments;
- Provide opportunities for them to compete in international competition;
- Encourage them to fulfill their sporting potential, in a drug-free environment.
- Use the BSRA Junior Program as a springboard for senior competition in World Class events, i.e. Commonwealth Games and World Championships.

BSRA Saturday & Youth Club Program 2011

Term Starts:

Saturday 7th January

Term Ends:

Saturday 17th March

Program Breaks:

The junior program is subject to change at any time due to BSRA Member tournaments and events.

All junior members & parents will be informed of any changes via email as soon as possible.



Don't forget the DIGICEL National Champs 2012 to be held in March....

Bermuda Squash Racquets Assoc

Price list

Please Tick

- BSRA Junior Membership: \$100.00**
(Annual Fee - Compulsory from second term onwards)
- BSRA Saturday Program: \$115.00**
(Includes Saturday Program & Youth Club)
- Protective Eyewear: \$25.00**
- Total Enclosed: \$

Cheques should be made payable to 'BSRA'

Full Payment must be made



BSRA National Squad Program 2011

The BSRA National Squad Program is the pinnacle of junior squash in Bermuda. The top 4 ranked juniors in each age group are selected to train with the Bermuda National Team Coach on a weekly basis. These squads focus on match play, tactics, physical & mental conditioning all in preparation for competing for National representative teams in international competition. For more information on the BSRA National Squad Program contact Andrew on 292-6881 or email amount@bermudasquash.com

Phone: (441) 292-6881

Fax: (441) 295-8718

Email: patrickf@bermudasquash.com

