

National Squash Grading



What is your playing level?

BDA GRADING - J

Beginner, can rally at slow pace with player of equal ability, has trouble hitting consistently while on the run, avoids backhands, cannot get ball out of corners, cannot volley with any consistency, can serve, knows the basic rules, does not understand let point rule.

BDA GRADING - H

Advanced beginner, can rally at faster pace, struggles to get ball out of back corners, hits mostly cross-court shots.

BDA GRADING - G

Can consistently hit the ball in play when not under pressure, can hit the ball hard when set up, starting to get balls out of the corners, can move forward for a medium drop, starting to use the four corners of the court, can make contact on the volley, has moderate physical fitness.

BDA GRADING - F

Starting to use the lob, over hits when under pressure, has the ability to reach behind themselves and get the ball back into play, understands the drop shot and boast but cannot execute consistently, starting to volley for power and direction, can now return serve to behind service line with consistency but struggles to return a good lob serve, should understand the let point rule.

BDA GRADING - E

Understands the general principles of depth, uses all four corners of the court as part of shot selection, has a fair volley and can execute a boast and a drop shot but not consistently when under pressure, has good physical fitness, forehand and backhand are hit with varying speeds in varying directions.

BDA GRADING - D

Dependable player, hits with depth and control on most shots, still rushes shots when under pressure, has power to drive the ball past an opponent on the T, can volley an easy ball in order to avoid getting stuck in the corners. Uses lobs, boasts and drops, 50% of which are played well.

BDA GRADING - C

Very dependable on both forehand and backhand, can return serve with good depth both down the sidewalls and cross court, volleys easy balls for depth and to the drop, understands how to hit to the nick on balls out in the middle, starting to learn to hold the shot on a ball in the middle, can retrieve consistently out of the back corners, can consistently cover all four corners from the T.

BDA GRADING - B

Can consistently hit the ground strokes for power, length, and touch, very physically fit with the ability to play hard tournament matches, attempts to place every shot, can lob effectively from both the front court and the back court, can drop shot off the volley, understands and can generally execute the premise that winning a point requires moving the opponent out of position before going for a winner.

BDA GRADING - A

Has mastered all aspects of the game, can hold shot to take advantage of a player who guesses. Drives ball powerfully enough to get it past a good volleyer, serves rarely put this player into an immediate defensive position, hits to the nick and can finish rally with high degree of consistency.

**Please contact PATRICK FOSTER
should you need guidance with your playing level.**

MARCH 12 - 19, 2011



**BERMUDA
National
SQUASH
CHAMPIONSHIPS 2011**



**It's your chance
to play against
the Island's best!**

ENTRY FORM

*Open to all Bermuda residents
and all playing levels!*

ENTRY FORMS ALSO AVAILABLE ONLINE:
www.bermudasquash.com

**LIVE TOURNAMENT
DRAW - 6pm,
Wed 9th March**

ENTRY FEE:
\$40 BSRA members
\$45 Non-members
\$20 Under 19



MIDDLE RD, DEVONSHIRE. Next to Somersfield Academy

TITLE SPONSOR:



Closing date for entries:
Sunday, February 27

ADDITIONAL SUPPORT:





BERMUDA National SQUASH CHAMPIONSHIPS 2011



Saturday March 12th through 19th, 2011

SEPARATE MEN'S AND WOMEN'S EVENTS:

- Men's Open**
- Women's Open**
- Men's Over 45**
- Women's Over 40**



Open to all Bermuda residents of all standards and age groups
(you may enter both an age event and an Open event)

COST OF ENTRY: **\$40 BSRA members**
\$45 non-members
\$20 Junior National Squad players

Guaranteed 3 matches

Matches will be the best of five games.
World singles game rules apply.

All **draws** will be posted at:

www.bermudasquash.com

Closing date for entries: **Sunday February 27, 2011**



FINALS NIGHT Saturday March 19th

Finals start at **5.40pm** followed by the prize presentation
and our ever popular Finals Night Party and Buffet

DON'T FORGET!!!!

**FREE buffet dinner on the finals night
for all competitors**

To enter please complete the form opposite and return to:

Patrick Foster, Bermuda Squash Racquets Association
P.O. Box HM176, Hamilton HMAX, Bermuda.

TEL: 292-6881 FAX: 295-8718 EMAIL: patrickf@bermudasquash.com



BERMUDA National SQUASH CHAMPIONSHIPS 2011



ENTRY FORM

Name: _____

Address: _____

Postcode: _____ Date of Birth (age events only) _____

Telephone: _____ (H) _____ (W)

Fax: _____ Email: _____

Event:

PLEASE CIRCLE Mens Mens O45 Womens Womens O40

What is your standard of play?

PLEASE CIRCLE: A B C D E F G H J

If you're not sure of your level, please read back page and/or give details of
recent close (e.g. 3/2 or 3/1) match results:

Saturday Finals night – be there or be square!

Buffet dinner for all competitors

Office use only: Entry fee paid \$ _____

Initial _____ Date _____

