

Bermuda National Squash Grading

What is your playing level?

Bda grading - J

Beginner, can rally at slow pace with player of equal ability, has trouble hitting consistently while on the run, avoids backhands, cannot get ball out of corners, cannot volley with any consistency, can serve, knows the basic rules, does not understand let point rule.

Bda grading - H

Advanced beginner, can rally at faster pace, struggles to get ball out of back corners, hits mostly crosscourt shots.

Bda grading - G

Can consistently hit the ball in play when not under pressure, can hit the ball hard when set up, starting to get balls out of the corners, can move forward for a medium drop, starting to use the four corners of the court, can make contact on the volley, has moderate physical fitness.

Bda grading - F

Starting to use the lob, over hits when under pressure, has the ability to reach behind themselves and get the ball back into play, understands the drop shot and boast but cannot execute consistently, starting to volley for power and direction, can now return serve to behind service line with consistency but struggles to return a good lob serve, should understand the let point rule.

Bda grading - E

Understands the general principles of depth, uses all four corners of the court as part of shot selection, has a fair volley and can execute a boast and a drop shot but not consistently when under pressure, has good physical fitness, forehand and backhand are hit with varying speeds in varying directions.

Bda grading - D

Dependable player, hits with depth and control on most shots, still rushes shots when under pressure, has power to drive the ball past an opponent on the T, can volley an easy ball in order to avoid getting stuck in the corners. Uses lobs, boasts and drops, 50% of which are played well.

Bda grading - C

Very dependable on both forehand and backhand, can return serve with good depth both down the sidewalls and cross court, volleys easy balls for depth and to the drop, understands how to hit to the nick on balls out in the middle, starting to learn to hold the shot on a ball in the middle, can retrieve consistently out of the back corners, can consistently cover all four corners from the T.

Bda grading - B

Can consistently hit the ground strokes for power, length, and touch, very physically fit with the ability to play hard tournament matches, attempts to place every shot, can lob effectively from both the front court and the back court, can drop shot off the volley, understands and can generally execute the premise that winning a point requires moving the opponent out of position before going for a winner.

Bda grading - A

Has mastered all aspects of the game, can hold shot to take advantage of a player who guesses. Drives ball powerfully enough to get it past a good volleyer, serves rarely put this player into an immediate defensive position, hits to the nick and can finish rally with high degree of consistency.

Please contact Patrick Foster should you need guidance with your playing level.



WORLD DISTRIBUTORS LTD.



**BERMUDA TIRE
CO. LTD.**

Charity Squash Tournament

Enter and receive 2 guaranteed matches,
a free tournament shirt as well as free entry to the
World Distributors Charity Party!

with **FREE** Bar...

See inside for details....

All proceeds benefit the BDA Diabetes Association.

MAY 15 - 17, 2009

ENTRIES CLOSE SUNDAY 10TH MAY
SO....



**ENTER
NOW!!**



The World Distributors Bermuda Tire Co. Ltd Charity Tournament 2009

Friday May 15 through Sunday May 17
Players will be required to be available for
matches throughout the weekend

Open to all players of all standards and age groups.

MEN'S & LADIES EVENTS

The Draw will include a consolation event
guaranteeing at least 2 matches.

Entry Fee

\$50 adults, \$25 for juniors

Fee includes 3 guaranteed matches & Tournament T-shirt

Also includes...

'All you can eat' Buffet, Live DJ and FREE BAR!!
at the World Distributors Charity Party
Saturday 16th May 2009, 7.00pm

All funds raised go to The BDA

**ENTER
NOW**

Closing Date:

Sunday May 10, 2008

Please complete and return to:

Patrick Foster (BSRA)

P.O Box HM176

Hamilton HMAX

BERMUDA

Tel: (1441) 292-6881

Fax: (1441) 295-8718

Email: Patrickf@bermudasquash.com

*Featuring:
Top Bermuda
Players...
International
Entries....*

The World Distributors Bermuda Tire Co. Ltd Charity Tournament 2009

Entry Form (Please print)

Name _____

Email Address _____

Telephone _____ (H) _____ (W)

Event (please circle) Men's Ladies

What is your standard of play? (See over for help)

A , B, C, D, E, F, G, H, J (please circle)

If you're not sure of your level, please give details of recent close
(e.g. 3/2 or 3/1) match results:

Credit Card Details (Cheques should be made to BSRA)

MasterCard/VISA # _____

Exp _____ Signature _____

Office use only. Entry fee paid \$ _____ Initial _____ Date _____

The World Distributors Ltd. Charity Squash Tournament PARTY!!!

To help raise funds for the BDA Diabetes
Association we are hosting a party on
Sat 16th May. Extra tickets are available
for purchase for \$35.00

**Ticket includes buffet and free drinks at
the BSRA bar 7pm-12am**



All Proceeds to benefit
the Bermuda Diabetes
Association